Minutes of the Behavioral Health Coordinating Council

The Behavioral Health Coordinating Council Committee met on Friday, December 13, 2019, at 7:30 AM in Room 400 of the Government Center, 115 East Washington Street, Bloomington, IL.

Members Present: Chairman John McIntyre; Ms. Sonja Reece, McLean County Board of

Health; Ms. Stephanie Barisch, Center for Youth and Family Solutions; Mr. Mark Jontry, Regional Office of Education; Mr. Tom Barr, Center for Human Services; Ms. Susan Schafer, McLean County Board; Ms. Elizabeth Robb; Ms. Joni Painter, City of Bloomington; Ms. Karen Zangerle, PATH; Mr. Kevin McCarthy, Town of Normal; Mr. Dave Sharar, CEO, Chestnut Health Systems; Ms. Laura Furlong; Ms. Lisa Thompson, Project OZ; Colleen O'Connor, NAMI Mid-Central Illinois; Kristin Adams,

Country Financial; Ms. Diane Schultz, The Baby Fold;

Members Absent: Mr. Eric Thome, State Farm; Ms. Colleen Kannaday, Advocate BroMenn;

Judge Rebecca Foley; Ms. Lynn Fulton, OSF St. Joseph Medical Center;

Staff Present: Ms. Trisha Malott, Behavioral Health Coordinating Council Supervisor; Ms.

Camille Rodriguez, County Administrator; Ms. Cassy Taylor, Assistant

County Administrator; Ms. Julie Morlock, recording secretary;

Others Present:

Chairman John McIntyre called the called to order at 7:35 AM.

Chairman McIntyre presented the minutes from the September 13, 2019 meeting for approval.

Motion by Schafer/Jontry to approve minutes from September 13, 2019 regular meeting.

Motion carried

Ms. Trisha Malott provided an update on the 2019 McLean County Behavioral Health Community Forum. She said attendance continues to increase each year and they received more sponsorships this year to help offset costs of events. She also went over possible changes for next year including options for the programs that might not cost as much and options for lunch as they did not charge individuals for lunch this year. She also stated cost for venue was more this year. Mr. McIntyre asked if the video presentations would be available to view. Ms. Malott stated not all were recorded but they were trying to set up a resource area on the website to view the ones that were. Mr. Jontry stated we had people attend from outside McLean County which speaks to quality of the event. Ms. Schafer asked about numbers this year. Ms. Malott went over attendance numbers.

Ms. Malott provided an update on the NYU law enforcement screening tool indicating they would be done with the second phase of the pilot today and she would bring them results when she receives it. She stated they have been fortunate as individuals who assisted in the process

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have applied for PRN position and correctional positions. She also thanked the Sheriff and Jail staff for their help.

Ms. Malott provided an update on the request for proposals for adolescent intensive outpatient services program. She said they have confirmation that United Way is matching the 250,000 from County and they have another partner pending. She stated the RFP would hopefully be issued before the holidays.

Ms. Cassy Taylor provided an update on the Bureau of Justice Assistance Grant – Justice and Mental Health Collaboration Program. She indicated they were awarded the three-year grant in October to address needs of high-risk/high-need adolescent population with behavioral health and substance issues. Ms. Taylor went over the collaboration and grant timeline.

Mr. McIntyre indicated the next item on the Agenda were BHCC partner updates on status of the Mental Health Action Plan.

Mr. Dave Sharar provided a hand out and update on collaboration and coordination efforts with Chestnut Health Systems. He went over information on the services offered by Chestnut. He provided information on their federally qualified primary medical care program including services offered, staffing and what it means to be federally qualified. He stated they are looking to open an area to provide dental treatment and indicated they also do case management. He went over levels of collaboration of services including referrals in level one, sharing patients information and part of a team in treatment in level 2, close collaboration with shared space and shared work flows and communication between providers in level 3 and integration using same electronic medical record program, having primary and behavioral health providers treat patient in the same visit and shared accountability on how reimbursed in level 4. He stated he felt we are providing services at level 1 and 2 and role of this council is to get community services to level 3.

Ms. Schafer asked if the Federally Qualified Health Care accepts private insurance. Mr. Sharar confirmed they do. Ms. Reece asked him to address HIPAA requirements where information can not be shared with other medical services. Mr. Sharar stated that within the FQHC there is an agreement with hospital to access patients' medical records if they refer them. Mr. McIntyre asked him if loan repayment programs include psychiatrists. Mr. Sharar confirmed it includes dentists, advance practice nurses, psychiatrists and physicians. Mr. McIntyre asked about services and transportation for rural residents. Mr. Sharar indicated he was not sure how much transport they offer from rural areas. Mr. McIntyre asked if we could get to level 3 with youth outpatient services. Ms. Malott stated the FUSE program is done at a level three and level three is the intent for the adolescent intensive outpatient program. Mr. Barr asked about numbers of unserved who would be eligible for Medicaid. Mr. Sharar stated the free community health clinic would serve this group and have those numbers.

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Dr. Jessica Sullivan with the Illinois State University Mennonite College of Nursing talked to the Committee about College improvements to help mitigate delays in mental healthcare delivery in McLean County. She stated they were awarded a grant to enhance and expand clinical experiences and training for primary care advanced practice registered nurse students. Dr. Sullivan indicated she is working on the development of a post master's psychiatric and mental health nurse practitioner certificate online program. She indicated each student will be required to complete 540 clinical hours with licensed mental health care providers and that graduates of this program would be eligible to take the Psychiatric Mental Health NP National certification exam which will allow them to be dually board certified as both family and psychiatric mental health nurse practitioners. She stated they hope to admit the first group of students the summer of 2021. Ms. Schafer asked how long the program lasts. Dr. Sullivan indicated it is 4 semesters so if they start in May of 2021 they would finish in August of 2022. Mr. Barr asked about online portion of program and location of students. She indicated they are anticipating local students because of the clinical hours and local interests shown so far. Mr. Sharar asked about ways to keep students here in our community once they graduate. Dr. Sullivan urged clinical areas to encourage students to stay by promoting the area. Ms. Stephanie Barisch asked her to clarify who they would need to have clinical hours with. Ms. Sullivan indicated most of the hours would need to be with psychiatrists and psychiatric mental health nurse practitioners.

Ms. Diane Schultz of the Baby Fold provided information on new and expanded services they provide including:

- The Healthy Start Program serving about 73-80 families with about 32 other families that should be assisted but they don't have funding.
- The Hammitt school program which is an intensive special education day treatment program that serves 170 students across three campus locations who have significant complex mental health needs or severe autism. She encouraged community-based services through the schools as they are not able to continue to open campuses for these students.
- The Community Schools program which is a partnership between Baby Fold and publicschool system to have a social worker embedded in the school.
- The intensive family support services program.
- The home-based program with services delivered by a master level therapist to families that are adopting a child or children who have been impacted by trauma.
- The adoption support and preservation program is able to provide in-home therapy to families and serves over 200 families in a 22-county area that is funded by DCFS. She stated there are 44 McLean County families in that program and 10 families on a waiting list for this program.

She indicated they have worked with Texas Christian University for professional development. She stated one of the strong benefits coming from the mental health plan is it has started conversations and convened groups to encourage relationships to be built between providers that will help us get to level three and level four. Mr. McIntyre asked for clarification of services embedded in schools. Ms. Schultz confirmed would like to see in all elementary schools. Mr.

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McIntyre asked about rural area schools. Mr. Jontry indicated one program at El Paso Gridley based on the need's assessment.

Ms. Lisa Thompson, Project Oz presented information on current housing models available and some innovations for the future. She stated that individuals under 18 in our county have access emergency shelters through the Host Home Program which are licensed foster homes to house young people for up to 21 days to help divert them from the justice system and DCFS. She also discussed the Safe Place Program that is a point of entry for young people for services. She indicated all Bloomington Normal Fire Departments and the Bloomington Library are safe place locations as well as any public bus. She indicated for ages 18-23 they have 8 beds for parenting people, 10 beds for young people at risk for human trafficking, 4 beds for homeless and 2 transitional living beds and still cannot meet demand and have to help them seek services elsewhere. She also mentioned the Grant Homeless Youth Demonstration Project – that put a focus on young people and need in community and indicated that while they did not get the grant, they learned from it felt the grant might come up again. She stated that the grant would put 1.3 million each year in central Illinois area to help fill the gaps, so they plan to reapply. Mr. McIntyre if the 18-23 shelter are homes. Ms. Thompson indicated it is located on the west side of town. Mr. McIntyre asked if the Connect Transit drivers are trained. Ms. Thompson indicated they go in each year for training.

Ms. Karen Zangerle, PATH provided updates on Crisis line calls they receive and homeless who are diagnosed with behavior disorder, substance abuse. She discussed the point in time study where they go out one night to see how many homeless people are on the streets. She indicated they utilized this information last year before the polar vortex. She indicated they put in for grant and included funding for 5 beds at the Center for Human Services so individuals could get psychiatric services as well as other services. She stated she felt rapid rehousing dollars may become available and feel it could be used with FUSE. Ms. Zangerle indicated they are expanding services to suicidal veterans through Federal dollars and received award for helping veterans receive housing. She indicated they have changed to cloud telecommunications to upload many programs and have offsite access.

Ms. Malott indicated they would like to have a provider update each December and a financial update at the March meeting. She also provided an update and a short video showing the Triage Center Living Room Area. Mr. McIntyre thanked them all for their work. He reminded members the next meeting would be Friday, March 13, 2020 at 7:30 a.m. Mr. McIntyre asked if there was anything else to come before the Council; hearing nothing, he adjourned the meeting at 9:06 a.m.

Respectfully submitted,

Julie A. Morlock

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Recording Secretary